



NICOLE NORRIS MD
Medical Spa

Get Fabulous & Get Firm Eligibility Form

Name: _____

Age: _____

Phone Number: _____

Current primary care Physician/Gynecologist:

Do you have any medical problems or history of cancer? Please list below:

Please list any current medications you are taking including hormones, birth control, and/or supplements:

Please list any surgeries you have had with approximate year(s):

Last time you had labs done:

Please list any allergies to medications:

If female, do you still have monthly cycles? _____

If female, do you still have your ovaries and uterus? _____

Have you tried BHRT (bioidentical hormone replacement therapy) in the past? Please elaborate:

What are your top five symptoms that bother you the most? Please circle.

Weight gain

Vaginal Dryness

Moodiness

Hot flashes

Fatigue

Hair Changes

Memory Loss

Dry and/or Wrinkled Skin

Brain Fog

Urinary Concerns

Decreased sex drive

Cold all the time

Muscle Loss

Bloating

Sleep Problems

Are you willing to come to the office to have your labs drawn prior to your consultation? Yes or No

Get Fabulous is a concierge preventative medicine program to optimize female health and longevity. Get Firm is a concierge preventative medicine program to optimize male health and longevity. Your answers will be kept confidential, and we will reach out to you as soon as Dr. Norris reviews your form to let you know if you are eligible for a Get Fabulous/Get Firm Consultation. You should expect a call from us within three days of our receipt of this form. **The Get Fabulous/Get Firm Concierge Hormone Optimization programs, laboratories and medications are not covered by health insurance.*

Signature/Date
